

Catch Life Bujinkan and Nagare Class Schedule

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
9:00	Nagare		Nagare		Nagare		Nagare
9:30	Meditation		Meditation		Meditation	3 and under	Meditation
10:00						4-6 yrs	
10:30	3 and under				3 and under		
11:00						7-12 yrs	
11:30	4-6 yrs		4-6 yrs		4-6 yrs		
12:00		Adults		Adults		Adults	
12:30		Bujinkan		Bujinkan		Bujinkan	
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00		3 and under		3 and under			
5:30	7-12 yrs	4-6 yrs	4-6 yrs	4-6 yrs	7-12 yrs		
6:00							
6:30		Adults	7-12 yrs	Adults	Adults		
7:00	Nagare	Bujinkan		Bujinkan	Bujinkan		
7:30	Meditation		Nagare				
8:00			Meditation				
8:30							